

Festive chai hot chocolate

Serves 4

4 cups almond milk

4 tbsp. cocoa powder

1 tsp. vanilla extract

3 tbsp. maple syrup

⅓ tsp. ground cardamom

1/8 tsp. ground allspice

1/8 tsp. ground nutmeg

1/4 tsp. ground cloves

½ tsp. ground cinnamon

½ tsp. ground ginger

What you need to do

- 1. Place all the ingredients in a medium-sized pot over medium-high heat. Bring to a rolling boil and whisk until all the ingredients are blended smoothly.
- 2. Reduce the heat and gently simmer for 3 minutes.
- 3. Pour into cups and serve immediately.
- ◆ Serving suggestion: whipped coconut cream, cocoa powder (not included in nutritional breakdown).



GF	DF	LC	V	Q	N
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Prep	Cook	Kcal	Fats(g)	Carbs(g)	Protein(g)	Fibre(g)
5 mins	5 mins	91	3	13	2	3

^{*}Nutrition per serve

